## Junior Maine Guide Allagash Canoe Trip

June 24-30, 2021



For ages 12-16, trip introduces teens to Maine's famed Allagash Wilderness Waterway with lots of hands on learning opportunities.

**Trip Guides & Instructors:** Led by Dave Conley & Tammi Matula with many years' experience working with teens and teaching outdoor education skills at East Grand School in Danforth. Visit our <u>guide's profile</u> webpage for more info.

## **Campers Will Learn:**

- Canoemanship, including proper canoe strokes, working as a team and how to read the water.
- Canoe Poling, becoming a lost tradition, students will learn how to stand up and propel a canoe using a
  pole.
- Knots and practical uses of
- Cooking over an open fire
- Intro Fly Fishing
- Fire Building & Proper Wood Selection
- How to set up & take down camp
- Plant & Tree Identification
- Introduction to Whitewater, Allagash Stream & Chase Stream Rapids
- Allagash History including visit to the abandoned logging trains and museum at Churchill Dam

## What is Provided:

**Gear We Provide:** We provide all necessary camping equipment including river bags to keep your clothing dry, compact sleeping pad, quality and spacious outfitter tents, type III life jacket, paddle, spare paddle, durable Old Town canoes, compact camp chairs to relax around the campsite, group tarp, cooking & eating utensils, well stocked First Aid kit and for a little added peace of mind, a satellite phone and Garmin InReach two-way satellite communicator.

Meals Served on the Trip: Breakfasts include assortment of teas, & hot chocolate, oatmeal with fruit, buttermilk pancakes, served with real Maine blueberries & syrup, and the traditional Maine guide breakfast of local farm fresh eggs, meat, potatoes. Lunches are on the fly and may include make your own wraps with assorted breads, variety of meats and cheeses, tuna, lettuce, pickles and tomatoes. Snack foods may include trail mix, bars, fruit. Suppers may include the best cuts of locally raised ribeye steaks, salmon, vegetables & rice, fresh cooked biscuits, spaghetti with homemade sauce and Garlic bread, Chicken, rice, vegetables & dumplings, fresh salads and freshly baked desserts including brownies & strawberry shortcake. Note: we are unable to accommodate for special dietary needs on this trip.

Meeting & Ending: Trip meets in Ashland, 8AM on day one ending back in Ashland at 3PM on day seven.